

## ***Cynthia Rowland Materials List*** ***The Portrait – Selection and Intention***

A tool box for supplies.

5 Filbert bristle brushes for general painting (#2, #4, #6, #8, #10).  
(I like Silver brush, Grand Prix Filberts). Also, I have recently been using synthetic filbert brushes from Rosemary & Co. Brushes.

1-3 Sable Brushes for finish work.

When it comes to brushes, you have to pick **good** artist brushes from an art supply store; and they have to be brushes that you will really love and enjoy using as they become as important as your fingers.

Painting knife.

Medium: Gamblin Gamsol Odorless Mineral Spirits and Walnut Alkyd Medium.

Roll of Viva Paper Towels (Viva is the most absorbent).

Glass Palette or a Wooden Palette that has been coated with linseed oil. You have to give the wooden palette a few weeks to get the linseed oil to soak into the wood. Don't bring a palette to class wet with linseed oil. I prefer to use a glass palette. Under the glass palette, you need to have either wood or a piece of grey Canson paper that will act as your mid-tone value on a scale half way between black and white. White palettes are very difficult to use, so I recommend glass or wooden palettes.

Paints: The following colors are colors I use which consist of a warm and a cool version of each of the primaries and a few other colors. You are not required to have all of them. The ones you need for the class are marked \*.

*Cadmium Lemon	Cobalt Blue
*Cadmium Yellow Medium	*Ultramarine Blue
Yellow Ochre	*Pthalo Blue or Prussian Blue
Cad Orange	*Burnt Sienna
*Cadmium Red Light	*Burnt Umber
*Permanent Alizarin Crimson	Raw Umber
Venetian Red	*Flake or Titanium White
*Quinachradone Magenta	Ivory Black
Viridian	

A pad of Acrylic Pimed Centurion Linen, 11" x 14" or 12" x 16" that you can get from Jerry's Artarama or Art Supply Warehouse. And a 16" x 20" masonite or MDF board that is ¼" thick. We will tape your canvas to this board.

Please tone your canvas to a mid-grey with acrylic paint. You can tone with white plus a little ivory black and a hint of burnt umber or use "Golden Heavy Bodies Neutral Gray N6" premixed acrylic.

Masking Tape.

*We will be having four models for this class, two sessions with each model.  
I'm looking forward to working with you! Don't hesitate to call me at 985-4153 with any questions!*